

University of Minnesota
LearningLife Fest, December 1, 2007. Cost: \$80.
Continuing Education and Conference Center, St. Paul campus
1890 Buford Ave., St. Paul

Agenda

- 8:45-9:30** Check in. Morning refreshments. Catch the music.
9:30-9:35 Welcome to LearningLife! College of Continuing Education Dean Mary Nichols
9:35-10:30 **Keynote:** Why Purpose is Good Medicine by Richard Leider
10:45-11:45 **LearningLife Sessions:** Choose two from eight (below) exciting preview sessions. Enjoy one in the morning and another in the afternoon. Having trouble deciding? Don't worry. There is much more LearningLife after the Fest.
11:45-1:00 **Lunch and Mini-Expo.** Sample the U of M. Gather materials, get hands-on demonstrations, interact with experts, play in the LearningLife community, mix and mingle, join or register. Catch the music.
1:00-1:05 Welcome back from Dean Nichols
1:05-2:00 **Keynote:** Five Great Ideas the World Needs by Jerry Allan
2:00-3:00 **LearningLife Sessions:** Morning sessions repeated.
3:15-4:15 **The Life Force.** Experience the stories of the first honorees in the Life Force, an ever-expanding party of people who build a better world by living with purpose and passion. They're contagious!
4:15-4:30 Wrap up from Dean Nichols.
- If you'd like, stay to ask questions, join, or register.

LearningLife Sessions

A Walk Through Cyberspace; Financial Planning for Life; Taking Charge of Your Health; China-Contrast and Contradiction; Mindfulness-Based Stress Reduction; Biology and Aging—Ten Things to Know; The War in Vietnam and at Home; and Integrative Life Planning.

Keynote Speakers

Jerry Allan is an educator, architect, and nationally recognized expert on creativity. In his engaging, provocative introduction to LearningLife's first member-created collaboration, Jerry will look at five great challenges facing our world and make the call for new ways of thinking to meet them.

Richard Leider is a senior fellow with the U of M's Center for Spirituality and Healing, where he founded and heads the Purpose Project, an initiative designed to help people find meaning and purpose during the second half of life. As the Fest's morning keynoter, Richard will take us on an inspirational journey to discover how to live purposefully in the second half of life, and in doing so, find new ways to enjoy the world and make a meaningful contribution to improving it.

For LearningLife membership (post December 1) or details, visit www.learninglife.umn.edu.

